

## Skip the pharmacy with home delivery

Have your long-term medications sent to your home with CarelonRx Pharmacy

Your health plan is switching to CarelonRx Pharmacy's home delivery program. You can now get your long-term prescriptions sent right to your doorstep, enroll in automatic refills, and set up reminders.

You can also get 90-day supplies of your long-term medications from a CVS pharmacy at the same copay as delivery.

You can fill your prescriptions twice at your local pharmacy (the first fill and a refill). After that, reach out to us with your choice between CarelonRx Pharmacy or the CVS option to keep your benefits. If you stay with your local pharmacy, you'll be responsible for the full cost of your medication.

### With home delivery, you can count on:

**Convenience.** Medications are delivered to your home or a preferred location.

**Management.** Use the **Sydney<sup>SM</sup> Health** app or our website to track orders and set reminders.

- Enroll in auto refills so you don't need to remember to reorder. We'll contact your doctor to renew your prescriptions before they expire.

**Savings.** Costs may be lower with 90-day supplies, and standard shipping is free.

**Peace of mind.** Stay on track with your prescriptions and access 24/7 pharmacist support.



### Start home delivery now

1. Log in to **anthem.com/ca** or the **Sydney<sup>SM</sup> Health** app. You can scan the QR code with your phone's camera and register your member account if you haven't already.
2. Go to the *Prescriptions* home page.
3. To transfer an existing prescription to home delivery, select *View Prescriptions*. For a new prescription, select *Request a New Home Delivery Prescription*.



### We're here to help

If you have questions, you can reach out to us via chat at **anthem.com/ca** or with the **Sydney Health** app, or you can call the CarelonRx Pharmacy Contact Center at **833-396-0309**.

\* National Library of Medicine, National Center for Biotechnology. *A Retrospective Database Study Comparing Diabetes-Related Medication Adherence and Health Outcomes for Mail-Order Versus Community Pharmacy* (March 2019); ncbi.nlm.nih.gov.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.

Services provided by CarelonRx, Inc. CarelonRx is an independent company providing pharmacy benefit management services on behalf of your health plan.

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